

week one:

July 5 – 11

## THE ART OF RESILIENCE

As the pandemic wears on, many of us start to feel tired and worn down – especially if we're in the role of caregiver in some capacity. The "art of resilience" means learning to rest in the goodness of God even through difficult or stressful times and practicing self-care as we care for one another.

"Nothing can ever separate us from God's love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow—not even the powers of hell can separate us from God's love." ~ Romans 8:38, NLT

### PRAYER POINTS

- Give thanks for family and friends of Christian Horizons who have been supportive and faithful as we navigate this unanticipated time.
- Rejoice that the COVID-19 curve has begun to flatten in Canada. Pray that God would encourage and sustain people in areas that have not experienced such relief.
- Pray for communities around the world where food shortages and inflation are causing hunger. Praise God for Christian Horizons Global teams helping hundreds of people with supplementary nutrition.

Feedback or requests?

## ORGANIZATIONAL & SPIRITUAL LIFE

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Have you been following along with the Renew podcast at [christian-horizons.org/renew?](https://christian-horizons.org/renew?)

This is one way to learn about practicing resilience during a difficult time.

*This month's prayer guide highlights the work of Christian Horizons in Saskatchewan and through Christian Horizons Global.*

2020  
PRAYER GUIDE

July

"Let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it most."

~ Hebrews 4:16, NLT

Christian Horizons

*week two:*

## July 12 - 18

“Endurance develops strength of character, and character strengthens our confident hope of salvation. And this hope will not lead to disappointment. For we know how dearly God loves us.” ~ *Romans 5:4-5, NLT*

**THOUGHT:** Grieving the loss of friends and loved ones, whether to COVID-19 or other reasons, is incredibly difficult. So is sustained isolation as a result of restrictions. May we be encouraged by the strengthening of character and have increasing confidence in God's unconditional love.

### PRAYER POINTS

- On behalf of Christian Horizons Global, pray for teachers who have provided inclusive education materials to families through the COVID-19 crisis.
- Pray for students who do not use words to communicate as they navigate technology. Many have found that trying to engage by video conferencing can be challenging and sometimes even more isolating than a lack of this kind of interaction. Pray for experiences of belonging and understanding.
- As the provinces of Saskatchewan and Ontario begin to loosen COVID-19 related restrictions, pray that this would not lead to a more severe second wave of the virus. Pray for God's continued protection of people who use Christian Horizons services and employees.

*week three:*

## July 19 - 25

“The Lord is a stronghold for the oppressed, a stronghold in times of trouble. And those who know your name put their trust in you, for you, O Lord, have not forsaken those who seek you.” ~ *Psalms 10:9-10, ESV*

**THOUGHT:** Recent protests have made many people more aware of the impact of our actions that have contributed to racism. May God forgive us for the ways in which we have knowingly or unknowingly oppressed others or made them feel as though they are less than full image bearers of God.

### PRAYER POINTS

- Praise God for dedicated employees of Christian Horizons Global working in various communities around the world while practicing physical distancing. May God continue to encourage, sustain, and protect these individuals.
- Michelle Wolf was a Christian Horizons Saskatchewan employee who passed away suddenly. She will be dearly missed by her family, friends, coworkers and people who use Christian Horizons services. May God's peace and comfort surround the community of Waldheim as they grieve the loss of Michelle.
- Pray that the virtual opportunities offered in place of programs such as Christian Horizons Family Camp will not only be graciously received but effective in meeting families' needs.

*week four:*

## July 26 – Aug 1

“My grace is all you need. My power works best in weakness.” So now I am glad to boast about my weaknesses, so that the power of Christ can work through me.”  
~ *2 Corinthians 12:9, NLT*

**THOUGHT:** This declaration of the apostle Paul shows that he had a greater desire for the power of Christ to be evident in his life than to be admired or even respected by others. May God grant us the courage and humility for our lives to reflect the same priorities.

### PRAYER POINTS

- Pray for a member of the Christian Horizons Haiti team who has some health issues that cannot be taken care of in Haiti and will have to wait for the COVID-19 crisis to subside so she can leave the country for treatment.
- Pray for those that have difficulty expressing their loneliness, especially during the pandemic. May God give sensitive hearts to all those who may serve or support these people whose suffering may be easily overlooked.
- Pray for vacant employee positions across Christian Horizons. May God provide qualified and passionate people to fulfil needed roles and may they have the courage to pursue employment in the midst of the global pandemic.